

2021 PAMS Boy's Tennis

Coaching Staff: Coach McDonnell – Grades 7 and 8

mcdonnellm@pasd.com & Josh Granese

For any 7th or 8th grader interested in playing tennis this spring, make sure you do the following things to be prepared for the 1st day (Monday April 5th) after school:

1. You must have turned in a complete physical packet to either the coaches or to trainer for the school district. Please do not hand it in to the office.
<C:\Users\mcdonnellm\Documents\PIAA CIPPE Form.pdf>
2. You must have a tennis racket and proper tennis attire (sneakers; shorts or sweat pants; t-shirt, sweatshirt, or non-constricting jacket)
3. The schedule for the first week will be as follows and weather permitting.
 - Monday April 5th
 - Tuesday April 6th

- Wednesday 7th
 - Thursday April 8th
 - Friday (make-up date)
4. Practice will end promptly at 4:30 pm. Please pick up the athletes on time. If you cannot make the daily 4:30 pick up please arrange to car-pool with other parents.

5. **POLICIES**

Academics: - Academics absolutely come first! Please do your best to plan ahead and stay on top of your work. If players need extra help or time please be sure to see Mr. McDonnell.

Behavior: You represent PAMS tennis both on the court and in school. Please make sure your behavior at PAMS allows for optimal playing time.

Cell Phones – Cell phones may only be used to communicate with parents or other people responsible for transportation. Cell phones are to remain away and off during all practices and games.

Injuries - If a player is injured they are expected to come to practice and get treatment by our school trainer. Deciding on your own not to practice is not an option. Also, a doctor's or trainer's note excusing you from practice because of injury is expected as opposed to a parental note.

Transportation – School district policy states that athletes are expected to take transportation to and from all away games. However, a Travel Release Form can be completed and signed, in advance of the game, if a parent wants to take her child home from the game.